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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: SHII-TAKE MUSHROOM SALAD WITH PEPPERS AND GREEN ONIONS

(servings)

INGREDIENTS / AMOUNT

Dressing:

1/2 cup parsley leaves

1/2 cup plus 1 tbsp. safflower oil

3 tbsp. Dijon mustard

3/4 tsp. dried tarragon

1/2 tsp. salt

Salad:

8 small green onions (4 oz.)

1 medium red bell pepper (5 oz.)

1 lb. Shiitake (or assorted) mushrooms

5 oz. Emmentaler or other Swiss cheese, chilled

PREPARATION/PROCEDURE:

For dressing, mince the parsley in a food processor or by hand. Add the oil, vinegar, mustard, tarragon, salt and mix well. For salad, cut green onions, including the green tops into thin rings. Cut red pepper into 1/4 inch dice. Cut mushrooms into thin slices by hand or in food processor.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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