

Uwe Buschhaus  
Gederbachweg 58a

58453 Witten

Tel. 49(0)2302 62318  
Fax. 49(0)2302 962184

www.speisepilze.eu  
info@speisepilze.eu

PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: HEARTY SHII-TAKE SOUP

(servings)

### INGREDIENTS / AMOUNT

1 1-1.25 oz. bag dried shiitake  
5-6 inches konbu (kelp for stock)  
1 1/2 quarts cold water  
15 to 18 niboshi (dried sardines for stock)  
2 1/2 to 3 tsp. soy sauce  
1 1/2 tsp. sugar  
1/2 tsp. sake (rice wine)

### PREPARATION/PROCEDURE:

Place dried mushrooms and kelp in a large pot of cold water. Bring to rapid boil, discard kelp and reduce heat to a simmer. Cook stock uncovered for 15 minutes. Break off and discard the heads of dried sardines and add bodies to the pot, cook another 10 minutes. Strain stock through a cloth lined colander, discard mushrooms and fish. Season dark broth with soy sauce, sugar and sake. Serve with noodles.

In principle, food recipes are not protected by copyright law, as they generally fail to meet the criterion of "original work": In Cooperation with: [www.rezepte-buch.org](http://www.rezepte-buch.org) – [www.recipe-book.org](http://www.recipe-book.org)

1. They are generally not a protected literary work.

2. There is no personal intellectual creation (a specific artistic level).

There may be exceptions. There are for example, recipes with a literary or artistic design, which must be checked individually.

As an exception, the law grants copyright protection if the language used in the recipe in conjunction with the layout of the text demands a certain extent of individual intellectual activity.

(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

The cooking and baking recipes on this website stem from many different sources (e.g. taken from books, magazines, Internet, brochures, personal records, etc.).

All recipes have been tested by us, and the texts modified if necessary.

The images and graphics of the recipes were photographed by us. Other texts, images, and graphics have been taken from books, magazines, Internet, and brochures (with permission, of course).

If your copyright has been unintentionally violated by the publication of any references, recipes, images, or texts, please inform us. We will then remove the contents from the website immediately.

This free Mushrooms Recipe Service is provided by – MUSHROOM WHOLESALE - UWE BUSCHHAUS – IMPORT – EXPORT – GOOD MUSHROOMS – GOOD LIFE – feel free to download this recipe for free.