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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: CHICKEN BREAST WITH GARDEN VEGETABLES AND SHIITAKE MUSHROOMS

(4 servings)

### INGREDIENTS / AMOUNT

1 clove garlic, crushed  
1/4 cup minced onion  
4 oz. Shiitake mushrooms, stems removed and sliced  
2 Tbsp. butter  
4 chicken breasts, boned and trimmed  
1/2 cup julienned green zucchini  
1/2 cup julienned yellow squash  
16 thin strips red bell pepper  
2 Tbsp. chilled butter, sliced thin  
Salt and pepper

### PREPARATION/PROCEDURE:

Saute garlic, onion and Shiitake mushrooms in 2 Tbsp. butter for 3 minutes and let cool. Place chicken on a large piece of tin foil and sprinkle with salt and pepper. Top with mushrooms, then green zucchini, yellow squash, and red pepper. Lightly salt and pepper vegetables. Lay butter pats over the vegetable topped chicken. tightly fold the thin foil to ensure the juices will not leak out. Place on a baking sheet at 425 degrees for 20-25 minutes.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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