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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: GINGERED CARROT RICE WITH SHII-TAKE MUSHROOMS

(6 servings)

### INGREDIENTS / AMOUNT

2 Tbsp. butter  
2 Tbsp. minced shallots  
1 tsp. ginger - fresh  
1 clove garlic, minced  
1 cup long-grain rice  
2 cups water  
2 carrots, peeled and grated  
1/2 tsp. salt  
1/4 tsp. pepper  
4-6 oz. shiitake mushrooms, coarsely chopped  
1/4 cup green onions

### PREPARATION/PROCEDURE:

In a large sauce pan, saute shallots, garlic and ginger in butter until soft. Add rice and stir until all the grains are coated with butter. Add water, carrots, salt and pepper and mix. Cover and bring to a boil and simmer for 12 minutes. Add the shiitake mushrooms evenly over the rice. Do not stir, but cover and cook 5 - 7 minutes, until rice is tender. Stir in green onions and serve.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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