

Uwe Buschhaus
Gederbachweg 58a

58453 Witten

Tel. 49(0)2302 62318
Fax. 49(0)2302 962184

www.speisepilze.eu
info@speisepilze.eu

PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

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RECIPE: SHII-TAKE CHEESE GRITS

(6 servings)

INGREDIENTS / AMOUNT

3 ounces of fresh Shiitake mushrooms, thinly sliced, stems removed
1/2 cup grits
2 small garlic cloves, minced
3 large eggs
3/4 cup grated cheddar cheese
1 Tbsp. diced red bell pepper
1/8 tsp. Tabasco (more to taste)
1/8 tsp. salt (more to taste)
1/8 tsp. Creole Seasoning (more to taste)
1 tsp. extra virgin olive oil

PREPARATION/PROCEDURE:

Place mushrooms in 2 cups lightly salted water in a medium saucepan and bring to a boil. Simmer one minute, then stirring constantly, slowly add grits. Stir until thickened, 5-6 minutes. When grits are thick, remove from heat and add garlic. Add eggs one at a time, beating well after each addition. Add 1/2 cup cheese, red bell peppers, Tabasco, salt and Creole Seasoning and stir to blend. Coat bottom and sides of a 7x7x2-inch casserole dish with olive oil. Pour grits into prepared dish, top with remaining cheese and bake in preheated 300 degree oven 12-15 minutes or until grits are cooked and center is set.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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