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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: STUFFED PORTABELLA MUSHROOMS

(4 servings)

### INGREDIENTS / AMOUNT

4 Portabella mushrooms, 4 to 5 inches  
Carefully remove stems at base and set caps aside  
Chop mushroom stems up, set aside  
1/8 lb of Italian sausage  
1/2 cup green peppers, chopped  
1/2 cup onion, chopped  
2 Tbsp. olive oil  
1 tsp. fennel  
Salt and pepper to taste  
2 pieces of bread, torn into small chunks.

### PREPARATION/PROCEDURE:

Fry the Italian sausage up in a large skillet. When done cooking, add the remaining ingredients and saute for 2 minutes on medium heat. Coat Portabella caps with olive oil to avoid sticking and stuff with mixture. Place in oven or on the grill until mushrooms are tender, about 10 minutes. Top with grated Parmesan cheese if desired.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLG 72, p.7 - on using parts of a recipe)

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