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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: PIED BLEU WITH WILD MUSHROOMS AND HERB QUICHE

(4 servings)

INGREDIENTS / AMOUNT

Shell:

100g Plain flour
1 teaspoon sugar
1 tablespoon unsalted butter
½ teaspoon salt
3 tablespoons cold water

Filling:

6 eggs
100g cheese
100ml cream
1 tablespoon Parsley
1 tablespoon Chives
50g Autumn chantarelle mushrooms
50g Black trompette mushrooms
50g Pied Bleu mushrooms
50g Pied de mouton mushrooms
50g cheese

PREPARATION/PROCEDURE:

Firstly make the pastry shell. Add the salt, sugar and butter to the flour and mix in a food processor for 10 secs or until the mix is crumbly. Remove and rub in the water, then refrigerate the mixture for an hour.

When you have removed the pastry from the fridge roll it out and shape it into a pie dish, (approx 25cm). cover the pastry with greaseproof paper, weigh it down with something such as rice and bake it for 15 mins in a 180°C oven. Then take out the paper and the rice and cook for 15 more mins at 200°C

While this is cooking you can make the filling. Mix all of the ingredients except the cheese and parsley together and pour into the pie crust. Keep some of the mushrooms olut and place these on top once you have poured the mixture in. Sprinkle the cheese and parsley on top of the pie and bake for 30-40 mins at 180°C.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 - on using parts of a recipe)

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