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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: KING OYSTER – CHICKEN AND ERYNGII MUSHROOM KEBABS

(4 servings)

INGREDIENTS / AMOUNT

50g Oyster mushrooms
50g Eryngii mushrooms
50g Shiitake mushrooms
500g Chicken Breast
2 peppers, red and yellow
3 tablespoons oli
2 medium onions

PREPARATION/PROCEDURE:

Firstly cut all of the ingredients into small slices or chunks. Some of the smaller mushrooms can be left whole for visual purposes, but also look nice simply sliced in half. When everything has been chopped up place the slices alternately onto a kebeb skewer, leaving a few centimetres at each end. When you have done this with 4 skewers season them with salt and pepper, brush lightly with oil and grill gently for 10-12 mins or until the chicken is cooked.

These kebabs are great to serve at a barbecue, or form a main meal served with rice and salad.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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