

Uwe Buschhaus
Gederbachweg 58a

58453 Witten

Tel. 49(0)2302 62318
Fax. 49(0)2302 962184

www.speisepilze.eu
info@speisepilze.eu

PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: KING OYSTER – ERYNGII MUSHROOM SOUP

(servings)

INGREDIENTS / AMOUNT

200 g king oyster mushrooms (Pleurotus eryngii)
1 onion
1 1/2 tbs liquid margarine
1 garlic clove
1 tsp ginger
2 tsp maizena
1 l vegetale stock
1 box goat milk cheese à 125 g
1 pot of tarragon
salt and pepper

PREPARATION/PROCEDURE:

Slice the mushrooms and chop the onion. Fry them in margarine for about 5 minutes. Combine crushed garlic and ginger with maizena, add the mushrooms. Mix well together and add the vegetable stock. Let simmer for about 15 minutes. Add the goat cheese and season with salt and pepper. Chop the tarragon and add to the soup.

Serve as starter or main course.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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