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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: KING OYSTER – ERYNGII MUSHROOM OVER SOLE

(servings)

### INGREDIENTS / AMOUNT

- 4 filets sole fish
- 1/2 lb King oyster mushrooms whole
- 1/2 cup grated cheese
- 2 tbsp finely chopped chives
- 2 tbsp chopped parsley
- 1/2 cup bread crumbs
- 1/2 cup heavy cream
- 1/4 cup white wine
- 1 tbsp butter

### PREPARATION/PROCEDURE:

Preheat oven to 350 C. Place all four sole filets in oven glass pan. Place mushrooms on top and sprinkle cheese and bread crumbs. Sprinkle butter across the top, chives and garlic. Pour wine and cream slowly. Bake for 15 to 20 minutes at 350 C. Top with fresh parsley. Place over steamed rice or on the side of salad.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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