

Uwe Buschhaus  
Gederbachweg 58a

58453 Witten

Tel. 49(0)2302 62318  
Fax. 49(0)2302 962184

www.speisepilze.eu  
info@speisepilze.eu

PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: KING OYSTER – ERYNGII MUSHROOM GOYA CHANPLE

(servings)

### INGREDIENTS / AMOUNT

1 / 2 bitter gourd galsam pear(bitter melon) 2 5 g  
Carrot  
1 / 2 tofu (bean curd) (5 0 g)  
1 Eryngii-mushroom  
1 Shiitake-mushroom 1 5 g  
Judas's-ear  
1 Egg  
1 tablespoon Oil  
FOODSAUCE JAPAN - 1 tablespoon

### PREPARATION/PROCEDURE:

Reconstitute juda's-ear with water  
2 0 minutes. after drain off the water,  
cut a mouthful size  
Cuts a bitter melon in half long and  
remove seeds of the inside with a spoon.  
sprinkled some salt on sliced bitter melon to  
remove some water then wash the salt off  
Cut a tofu to dice  
Cut carrot,eryngii-mushroom,shiitake-mushroom to a mouthful size  
Beat egg  
[ cooking ]  
Pull oil to frying pan and fry up bitter melon and carrot  
Add eryngii-mushroom,shiitake-mushroom, juda's-ear fry up  
Add tofu fry up until some fried colors  
Pour beaten egg and FOODSAUCE JAPAN and scuramble  
serve

In principle, food recipes are not protected by copyright law, as they generally fail to meet the criterion of "original work": In Cooperation with: [www.rezepte-buch.org](http://www.rezepte-buch.org) – [www.recipe-book.org](http://www.recipe-book.org)

1. They are generally not a protected literary work.

2. There is no personal intellectual creation (a specific artistic level).

There may be exceptions. There are for example, recipes with a literary or artistic design, which must be checked individually.

As an exception, the law grants copyright protection if the language used in the recipe in conjunction with the layout of the text demands a certain extent of individual intellectual activity.

(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

The cooking and baking recipes on this website stem from many different sources (e.g. taken from books, magazines, Internet, brochures, personal records, etc.).

All recipes have been tested by us, and the texts modified if necessary.

The images and graphics of the recipes were photographed by us. Other texts, images, and graphics have been taken from books, magazines, Internet, and brochures (with permission, of course).

If your copyright has been unintentionally violated by the publication of any references, recipes, images, or texts, please inform us. We will then remove the contents from the website immediately.

This free Mushrooms Recipe Service is provided by – MUSHROOM WHOLESAL – UWE BUSCHHAUS – IMPORT – EXPORT – GOOD MUSHROOMS – GOOD LIFE – feel free to download this recipe for free.