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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: KING OYSTER – ERYNGII MUSHROOM MEAT AU GRATIN (servings)

INGREDIENTS / AMOUNT

7 oz. Eryngii mushrooms
1 tsp. butter
Meat sauce (1/2 onion, 1/2 carrot, 2 cups tomato sauce and 4 oz. ground meat)
Mixed cheese

PREPARATION/PROCEDURE:

Chop onion and carrot into small pieces. Boil the tomato sauce and saute the onion, carrot and ground meat. Tear Eryngii into halves with fingers. Spread butter on frying pan. Fry the Eryngii. Add Eryngii and meat sauce to an oven dish. Put cheese on top. Bake in oven at 180°C (356°F) for 10 minutes.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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