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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: KING OYSTER – ERYNGII MUSHROOMS AND GARLIC CHIVES SAUTÉ

(servings)

INGREDIENTS / AMOUNT

1 bunch garlic chives, cut into 2.5-inch-long strips
1 cup sliced eryngii mushrooms
sea salt and soy sauce to taste
canola oil

PREPARATION/PROCEDURE:

1. Heat canola oil in a skillet. Sauté garlic chives. Season with salt.
2. Add eryngii and sauté for another few minutes. Add soy sauce. Remove from heat and cover with lid. Let stand for a few minutes before serving.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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