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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: KING OYSTER – YOGURT MARINATED CHICKEN WITH ERYNGII MUSHROOMS

(4 servings)

INGREDIENTS / AMOUNT

8 boneless skinless chicken thighs
1 cup sliced eryngii
mint leaves
Marinade:
3 tablespoons Balkan style plain yogurt, drained
1 clove garlic, grated
sea salt and black pepper to taste
saffron threads, steeped in hot water
1 tablespoon chopped parsley

PREPARATION/PROCEDURE:

Drain yogurt in a paper towel lined colander for 30 minutes.
Combine marinade ingredients in a large bowl.
Marinate chicken and eryngii for 30 minutes at room temperature.
Place chicken on foil lined baking sheet. Broil 18 minutes, or until cooked through.
Garnish with mint leaves.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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