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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: KING OYSTER – KING SALMON WITH GARLIC MARINATED ERYNGII MUSHROOMS

(servings)

INGREDIENTS / AMOUNT

4ea 8oz	Copper River King Salmon filet, skin off
16 oz	King Eryngii mushroom, trimmed
3oz	olive oil
1T	garlic, minced
1 ½ T	shallot, minced
1t	fresh thyme, chopped fine
12 oz	dry Riesling wine
1p	saffron
1T	shallot, chopped
¼ bu	fresh thyme
8ea	black peppercorns, cracked
1 ea	large bay leaf, crumbled
1T	honey
7oz	virgin olive oil
3#	Peruvian purple potatoes, peeled
12oz	butter, unsalted
	salt
	fresh ground black pepper

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PREPARATION/PROCEDURE:

For Riesling vinaigrette:

In a small sauce pan combine wine, saffron shallot, thyme, peppercorn and bay leaf, slowly reduce on low flame until all of the alcohol has left the wine roughly 2/3rd's. Strain and cool. In a blender or with an immersion blender emulsify wine, honey and oil until thick, season with salt and pepper.

For the eryngii:

Slice mushrooms lengthwise into three pieces, marinate in olive oil, garlic, thyme and shallot with a pinch of salt and pepper for 30 minutes

For potatoes:

Peel purple potatoes being sure to remove all white pith just under the skin. Simmer until fork tender, drain well of all water and combine with butter, season with salt. Hold warm.

To assemble:

Season and grill Salmon to desired doneness while at the time grilling the mushrooms until soft. Hold warm.

Place a small mound of purple potatoes in the center of the plate top with salmon and place mushrooms atop the salmon. Drizzle with vinaigrette

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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