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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: KING OYSTER – MIXED HOT GARLIC MUSHROOMS WITH ERYNGII

(2 servings)

### INGREDIENTS / AMOUNT

100g Eryngii mushrooms  
100g Shimeji mushrooms  
50g Maitake mushrooms  
3 tablespoons olive oil  
6 cloves garlic, finely chopped  
3 green chillis, chopped  
1 teaspoon sugar  
3 large tomatoes, chopped  
3 spring onions, finely chopped  
1 tablespoon white vinegar

### PREPARATION/PROCEDURE:

Heat the garlic in hot oil for a minute, and then add the choopped chillis. Then stir in the tomatoes and sugar.

Cook until the sauce begins to thicken and then add the vinegar and spring onions.

When the sauce has thickened even more, add the mushrooms and cook on high for 2 minutes, stirring continuously. Serve immediately

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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