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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: ENOKI STUFFED ZUCCHINI

(4 servings)

INGREDIENTS / AMOUNT

2 med. zucchini about 1/2 lb each
2 Tbsp. minced onion
2 Tbsp. butter/margarine
1 pkg Enoki, rinsed, trimmed and separated
1/4 cup bread crumbs
2 Tbsp. Parmesan cheese, grated
1 tsp. lemon juice
1/4 cup shredded mozzarella cheese
Paprika garnish.

PREPARATION/PROCEDURE:

Wash zucchini. Cut off ends, but do not pare. Leave zucchini whole and cook in 1 inch boiling salted water 5-7 minutes. Drain. Halve zucchini lengthwise. Remove pulp with a spoon and chop into small pieces. Saute onion in butter until tender. Add to zucchini pulp with Enoki mushrooms, bread crumbs, Parmesan cheese and lemon juice, tossing lightly with a fork. Fill zucchini shells with mixture and arrange on broiler pan. Sprinkle with mozzarella cheese and paprika. Broil 5-7 minutes until golden.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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