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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: CONSOMME JULIENNE SOUP WITH ENOKI MUSHROOMS

(4 servings)

### INGREDIENTS / AMOUNT

3 cups of water  
1 1/2 cups chicken stock  
1 cube bouillon (chicken)  
1/3 cup carrot, diced  
1/3 cup onion, diced  
1/3 cup celery, diced  
1/4 lb lean ground beef  
1 egg white  
Salt and pepper  
1/4 pkg (3.5 oz.) Enoki Mushrooms rinsed and trimmed  
1/4 carrot, sliced fine  
1/4 bell pepper, slice fine

### PREPARATION/PROCEDURE:

Combine water, chicken stock, bouillon, onion, carrot, celery and ground beef in pot. Beat egg white and add. Mix well and quickly bring to a boil; simmer for 2 hours. Strain and season to taste. Skim the top with a paper towel or spoon to remove fat. Add carrot, bell pepper and heat until boiling. Heat entire dish to serving temperature, do not boil. Garnish with Enoki mushrooms and serve.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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