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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

RECIPE: ENOKI TWO COLOR CHICKEN SALAD CRUNCH

(4 servings)

INGREDIENTS / AMOUNT

12 ounces small spinach leaves
2 3.5 oz. Enoki Mushrooms
2-3 oz. cans smoked oysters or mussels
8-10 oz. Pasta shells
3 Large garlic cloves, finely chopped
Salt and black pepper
Grated Parmesan, to serve (optional)

PREPARATION/PROCEDURE:

Wash and drain ingredients and shake in a cloth to dry. If necessary, take the stalks of the spinach and cut the leaves, unless they are small. Cut the lower inch of the Enoki mushroom. Open cans of oysters. Bring large pan of water to a boil, drop in pasta and cook them until they are *El dente* - just cooked with a slight bite to them. While cooking the pasta, cook the other ingredients. Olive oil into a large deep skillet over high heat. When the oil is hot, add the chopped garlic, spinach leaves and mushrooms. Stir swiftly for 1 minute, until the spinach has become limp. Lastly, stir in the oysters and/or mussels. Remove from heat and season with salt and pepper. When the pasta is done, drain and put it into a heated serving bowl. Pour the skillet mixture on top and lightly mix in the pasta. Serve immediately, with grated Parmesan.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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