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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: ARUGULA – ENOKI, GARLIC CHIPS & PARMESAN SALAD

(4 servings)

### INGREDIENTS / AMOUNT

3 ounces (1 1/2 cups) Arugula leaves  
2 ounces (1/2 cup) Parmesan cheese, thinly shaved  
1 package of 3.5 oz. Enoki Mushrooms  
4-5 garlic cloves  
3 tablespoons best quality virgin olive oil  
1 tablespoon white wine vinegar  
Salt  
Freshly ground black pepper

### PREPARATION/PROCEDURE:

Wash Arugula leaves and Enoki mushrooms and drain well. Slice garlic cloves into chips, then fry in olive oil until browned and crisp. Let it cool and dry on paper towel. Put into a salad bowl and scatter the garlic chips & Parmesan cheese over. Make the dressing by mixing the oil and vinegar together in a tightly lidded screw-top jar. Season with salt and pepper to taste. Just before serving, pour over the salad and toss well.

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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