

Uwe Buschhaus  
Gederbachweg 58a

58453 Witten

Tel. 49(0)2302 62318  
Fax. 49(0)2302 962184

[www.speisepilze.eu](http://www.speisepilze.eu)  
[info@speisepilze.eu](mailto:info@speisepilze.eu)

PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: NOODLES AND ENOKI TOSSED IN SESAME PASTE

(4 servings)

### INGREDIENTS / AMOUNT

- 1 lb. fresh wheat noodles
- 1 package 3.5 oz. Enoki Mushrooms
- 3 tablespoons of light soy sauce
- 2 tablespoons of rice wine vinegar
- 1 1/2 tablespoons vegetable oil
- 3 spring onions (scallions), finely chopped

### PREPARATION/PROCEDURE:

- 2 tablespoons sesame paste or peanut butter
- 1 1/2 tablespoons vegetable oil
- 1 tablespoon sesame oil
- 1 1/2 tablespoons chicken stock

Place noodles in boiling water and cook until tender. Drain. Divide noodles in bowls. Remove 1/4" stem from mushroom and rinse. To make sauce, combine ingredients in bowl until well blended. Allow each diner to sprinkle an equal amount of fresh Enoki Mushrooms, soy sauce, vinegar, oil and spring onions over noodles. Top with sauce.

In principle, food recipes are not protected by copyright law, as they generally fail to meet the criterion of "original work": In Cooperation with: [www.rezepte-buch.org](http://www.rezepte-buch.org) – [www.rezpte-book.org](http://www.rezpte-book.org)

1. They are generally not a protected literary work.

2. There is no personal intellectual creation (a specific artistic level).

There may be exceptions. There are for example, recipes with a literary or artistic design, which must be checked individually.

As an exception, the law grants copyright protection if the language used in the recipe in conjunction with the layout of the text demands a certain extent of individual intellectual activity.

(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

The cooking and baking recipes on this website stem from many different sources (e.g. taken from books, magazines, Internet, brochures, personal records, etc.).

All recipes have been tested by us, and the texts modified if necessary.

The images and graphics of the recipes were photographed by us. Other texts, images, and graphics have been taken from books, magazines, Internet, and brochures (with permission, of course).

If your copyright has been unintentionally violated by the publication of any references, recipes, images, or texts, please inform us. We will then remove the contents from the website immediately.

This free Mushrooms Recipe Service is provided by – MUSHROOM WHOLESALE - UWE BUSCHHAUS – IMPORT – EXPORT – GOOD MUSHROOMS – GOOD LIFE – feel free to download this recipe for free.