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PILZ GROSSHANDEL

UWE BUSCHHAUS

GOOD MUSHROOMS ...

... GOOD LIFE

## RECIPE: MISO SOUP WITH ENOKI MUSHROOMS

(4 servings)

### INGREDIENTS / AMOUNT

1 four-inch square dried kombu, cleaned with a damp cloth  
2/3 cup bonito (fish) flakes  
1 package enoki mushrooms  
2 Tbsp. miso  
2 scallions, finely sliced

### PREPARATION/PROCEDURE:

Combine kombu and 4 cups water in a pot and bring to a boil. Remove the kelp and discard. Add the fish flakes, stir well, and remove from the heat. Let the flakes settle to the bottom of the pot, about 30 seconds. Strain the stock through a fine sieve, discard the flakes. Return stock to pot and add enoki. Dissolve miso in a ladle of dashi. Add dissolved miso and stir. Top with enoki and scallions

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(Source: OLG Hamburg, version of 17 July 80, Schulze OLGZ 229, p.7 – on using parts of a recipe)

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